# On Friedrichs constant and Horgan-Payne angle FOR LBB CONDITION 

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#### Abstract

In dimension 2, the Horgan-Payne angle serves to construct a lower bound for the inf-sup constant of the divergence arising in the so-called LBB condition. This lower bound is equivalent to an upper bound for the Friedrichs constant. Explicit upper bounds for the latter constant can be found using a polar parametrization of the boundary. Revisiting carefully the original paper which establishes this strategy, we found out that some proofs need clarification, and some statements, replacement.


Keywords: LBB condition, inf-sup constant, Friedrichs constant, Horgan-Payne angle.
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## §1. The inf-sup constant and some general properties

Here we only consider bounded connected open sets $\Omega$ in $\mathbb{R}^{2}$, the generic point in $\mathbb{R}^{2}$ being denoted by $\boldsymbol{x}=\left(x_{1}, x_{2}\right)$. For such a domain $\Omega$, the inf-sup constant of the divergence associated with Dirichlet boundary conditions, also called LBB constant after Ladyzhenskaya, Babuška [3, 2] and Brezzi [4], is defined as

$$
\begin{equation*}
\beta(\Omega)=\inf _{q \in L_{0}^{2}(\Omega)} \sup _{\boldsymbol{v} \in H_{0}^{1}(\Omega)^{2}} \frac{\langle\operatorname{div} \boldsymbol{v}, q\rangle_{\Omega}}{|\boldsymbol{v}|_{1, \Omega}\|q\|_{0, \Omega}} . \tag{1.1}
\end{equation*}
$$

Here

- $L_{o}^{2}(\Omega)$ stands for the space of square integrable scalar functions $q$ with zero mean value in $\Omega$ endowed with its natural norm $\|\cdot\|_{0, \Omega}$ and natural scalar product $\langle\cdot, \cdot\rangle_{\Omega}$,
- $H_{0}^{1}(\Omega)^{2}$ is the standard Sobolev space of vector functions $\boldsymbol{v}=\left(v_{1}, v_{2}\right)$ with square integrable gradients and zero traces on the boundary, endowed with its natural semi-norm

$$
|\boldsymbol{v}|_{1, \Omega}=\left(\sum_{k=1}^{2} \sum_{j=1}^{2}\left\|\partial_{x_{j}} v_{k}\right\|_{0, \Omega}^{2}\right)^{1 / 2} .
$$

Since $\Omega$ is bounded, by virtue of the Poincare inequality, the above semi-norm on $H_{0}^{1}(\Omega)^{2}$ is equivalent to the usual norm in $H^{1}(\Omega)^{2}$.

We list some elementary properties of $\beta(\Omega)$ :
(a) $\beta(\Omega) \geq 0$,
(b) $\beta(\Omega) \leq 1$, because of the identity $|\boldsymbol{v}|_{1, \Omega}^{2}=\|\operatorname{curl} \boldsymbol{v}\|_{0, \Omega}^{2}+\|\operatorname{div} \boldsymbol{v}\|_{0, \Omega}^{2}$ for any $\boldsymbol{v} \in H_{0}^{1}(\Omega)^{2}$,
(c) $\beta(\Omega)$ is invariant by translations, dilations, symmetries and rotations by virtue of Piola transform. Thus $\beta(\Omega)$ only depends on the shape of $\Omega$.
The constant $\beta(\Omega)$ is positive for Lipschitz domains (see [8, Chap. 1, Section 2.2], which relies on [12, Chap. 3, Lemme 7.1]), and also for domains with less regular boundary like John domains [1]. In contrast, domains with an external cusp (also called thin peak) satisfy $\beta(\Omega)=0$, see [15, Chap. 15].

Finding calculable lower bounds for $\beta(\Omega)$ is of great interest, since it is involved in any analysis of the Stokes and Navier-Stokes equations with no-slip boundary conditions. Moreover, discrete inf-sup constants between finite dimensional subspaces of $H_{0}^{1}(\Omega)^{2}$ and $L_{\circ}^{2}(\Omega)$ are influenced by both the continuous inf-sup constant $\beta(\Omega)$ and the type of chosen (mixed) discrete spaces, see [13] and also [6].

In reference [10], Horgan \& Payne design an efficient strategy for calculating lower bounds of $\beta(\Omega)$ in domains $\Omega$ whose boundary can be described in polar coordinates $(r, \theta)$ by a relation $r=f(\theta)$ with a Lipschitz-continuous function $f$ :

- First, state a relation between $\beta(\Omega)$ and the Friedrichs constant $\Gamma(\Omega)$,
- Second, find bounds for $\Gamma(\Omega)$ using $f$ and its first derivative $f^{\prime}$.

In the present paper, we revisit these two steps, with more emphasis on the second one.

## §2. The Friedrichs constant

In dimension 2, the coordinates $\left(x_{1}, x_{2}\right)$ are identified with the complex number $x_{1}+i x_{2}$. Two real valued functions $h$ and $g$ are said to be harmonic conjugate if they are the real and imaginary parts of a holomorphic function $h+i g$. The functions $h$ and $g$ are harmonic conjugate if and only if they satisfy the relations

$$
\Delta h=0, \quad \Delta g=0, \quad \text { and } \quad \operatorname{grad} h=\operatorname{curl} g \quad \text { in } \quad \Omega .
$$

Let $\mathfrak{F}(\Omega)$ denote the space of complex valued $L^{2}(\Omega)$ holomorphic functions and let $\mathfrak{F}_{0}(\Omega)$ be its subspace of functions with mean value 0 .
Definition 1. The Friedrichs constant (named after [7]) denoted by $\Gamma(\Omega)$, is the smallest constant $\Gamma \in \mathbb{R} \cup\{\infty\}$ such that for all $h+i g \in \mathscr{F}_{0}(\Omega)$

$$
\|h\|_{L^{2}(\Omega)}^{2} \leq \Gamma\|g\|_{L^{2}(\Omega)}^{2}
$$

Theorem 1 ([10], [5]). Let $\Omega$ be any bounded connected domain in $\mathbb{R}^{2}$. The LBB constant $\beta(\Omega)$ is positive if and only if $\Gamma(\Omega)$ is finite and

$$
\Gamma(\Omega)+1=\frac{1}{\beta(\Omega)^{2}} .
$$

This relation between $\beta(\Omega)$ and $\Gamma(\Omega)$ was proved in [10] under additional regularity properties on the domain. A new proof is provided in [5], in which no regularity assumption is needed.

## §3. An upper bound for the Friedrichs constant

Let $\Omega$ be strictly star-shaped, which means that there is an open ball $B \subset \Omega$ such that any segment with one end in $B$ and the other in $\Omega$, is contained in $\Omega$. Let $O$ be the center of $B$ and $(r, \theta)$ be polar coordinates centered at $O$. Let $\theta \mapsto r=f(\theta)$ be the polar parametrization of the boundary $\partial \Omega$, defined on the torus $\mathbb{T}=\mathbb{R} / 2 \pi \mathbb{Z}$.
Lemma 2 ([11, Lemma 1.1.8]). Let $\Omega$ be a bounded strictly star-shaped domain, and $f$ be a polar parametrization of its boundary as described above. Then $f$ belongs to $W^{1, \infty}(\mathbb{T})$.

Since $\Gamma(\Omega)$ is invariant by dilation, we may assume without restriction that

$$
\begin{equation*}
\max _{\theta \in \mathbb{T}} f(\theta)=1 \tag{3.1}
\end{equation*}
$$

Following the approach in [10], we are prompted to introduce the following notation.
Notation 3. Under condition (3.1), let $P=P(\alpha, \theta)$ be the function defined on $\mathbb{R}_{+} \times \mathbb{T}$ as

$$
\begin{equation*}
P(\alpha, \theta)=\frac{1}{\alpha f(\theta)^{2}}\left(1+\frac{f^{\prime}(\theta)^{2}}{f(\theta)^{2}-\alpha f(\theta)^{4}}\right) . \tag{3.2}
\end{equation*}
$$

Let $M(\Omega)$ and $m(\Omega)$ be the following two positive numbers

$$
\begin{equation*}
M(\Omega)=\inf _{\alpha \in(0,1)}\left\{\sup _{\theta \in \mathbb{T}} P(\alpha, \theta)\right\} \quad \text { and } \quad m(\Omega)=\sup _{\theta \in \mathbb{T}}\left\{\inf _{\alpha \in\left(0, \frac{1}{f(\theta)^{2}}\right)} P(\alpha, \theta)\right\} . \tag{3.3}
\end{equation*}
$$

Remark 1. Let us choose $\theta \in \mathbb{T}$. Calculating the second derivative of the function $P_{\theta}: \alpha \mapsto$ $P(\alpha, \theta)$ defined on the interval $\left(0, \frac{1}{f(\theta)^{2}}\right)$, we find that $P_{\theta}$ is strictly convex. The function $P_{\theta}$ tends to $+\infty$ as $\alpha \rightarrow 0$, and if $f^{\prime}(\theta) \neq 0$, as $\alpha \rightarrow \frac{1}{f(\theta)^{2}}$. In any case, there exists a unique $\alpha(\theta)$ in $\left(0, \frac{1}{f(\theta)^{2}}\right]$ such that

$$
P(\alpha(\theta), \theta)=\inf _{\alpha \in\left(0, \frac{1}{f(\theta)^{2}}\right)} P(\alpha, \theta) .
$$

So,

$$
\begin{equation*}
m(\Omega)=\sup _{\theta \in \mathbb{T}} P(\alpha(\theta), \theta) \tag{3.4}
\end{equation*}
$$

Since, in particular, for all $\alpha \in(0,1)$ and $\theta \in \mathbb{T}, P(\alpha(\theta), \theta) \leq P(\alpha, \theta)$, we find that

$$
\begin{equation*}
M(\Omega) \geq m(\Omega) \tag{3.5}
\end{equation*}
$$

The quantity $m(\Omega)$ is the original bound introduced by Horgan-Payne in [10] and $M(\Omega)$ is our modified Horgan-Payne like bound.

Theorem 4 (Estimate (6.24) in [10]). Let $\Omega$ be a bounded strictly star-shaped domain. Its Friedrichs constant satisfies the bound

$$
\begin{equation*}
\Gamma(\Omega) \leq M(\Omega) \tag{3.6}
\end{equation*}
$$

Proof. We assume for simplicity that the origin $O$ of polar coordinates coincides with the origin $\mathbf{0}$ of Cartesian coordinates. Let $g \in \mathcal{D}(\bar{\Omega})$ be an harmonic function and let $h \in \mathcal{D}(\bar{\Omega})$ be its harmonic conjugate such that $h(\mathbf{0})=0$. If we bound the $L^{2}(\Omega)$ norm of $h$, we bound a fortiori the $L^{2}(\Omega)$ norm of $h-\frac{1}{|\Omega|} \int_{\Omega} h$ which is the harmonic conjugate of $g$ in $L_{\circ}^{2}(\Omega)$, hence with minimal $L^{2}(\Omega)$ norm. The extension of the estimate to all pairs of harmonic conjugate functions in $L^{2}(\Omega)$ follows from a density argument.

Since $h+i g$ is holomorphic, its square is holomorphic too and we deduce that the function $H:=h^{2}-g^{2}$ is harmonic conjugate of $G:=2 g h$. Hence equation $\operatorname{grad} H=\operatorname{curl} G$ leads to the relation in polar coordinates

$$
\partial_{\rho} \widetilde{H}=\frac{1}{\rho} \partial_{\theta} \widetilde{G}
$$

where $\widetilde{H}(r, \theta)=H(\boldsymbol{x})$ and $\widetilde{\boldsymbol{G}}(r, \theta)=G(\boldsymbol{x})$ for $\boldsymbol{x}=(r \cos \theta, r \sin \theta)$. Thus for any $\theta \in \mathbb{T}$ and $r \in(0, f(\theta))$ we have

$$
\widetilde{H}(r, \theta)-H(\mathbf{0})=\int_{0}^{r} \partial_{\rho} \widetilde{H}(\rho, \theta) \mathrm{d} \rho=\int_{0}^{r} \frac{1}{\rho} \partial_{\theta} \widetilde{G}(\rho, \theta) \mathrm{d} \rho .
$$

We divide by $f(\theta)^{2}$ and integrate for $\theta \in \mathbb{T}$ and $r \in(0, f(\theta))$ :

$$
\begin{aligned}
\int_{\mathbb{T}} \int_{0}^{f(\theta)} \frac{\widetilde{H}(r, \theta)-H(\mathbf{0})}{f(\theta)^{2}} r \mathrm{~d} r \mathrm{~d} \theta & =\int_{\mathbb{T}} \int_{0}^{f(\theta)} \frac{1}{f(\theta)^{2}}\left\{\int_{0}^{r} \frac{1}{\rho} \partial_{\theta} \widetilde{G}(\rho, \theta) \mathrm{d} \rho\right\} r \mathrm{~d} r \mathrm{~d} \theta \\
& =\int_{\mathbb{T}} \int_{0}^{f(\theta)} \frac{1}{f(\theta)^{2}} \frac{1}{\rho} \partial_{\theta} \widetilde{G}(\rho, \theta)\left\{\int_{\rho}^{f(\theta)} r \mathrm{~d} r\right\} \mathrm{d} \rho \mathrm{~d} \theta \\
& =\frac{1}{2} \int_{\mathbb{T}} \int_{0}^{f(\theta)} \frac{f(\theta)^{2}-\rho^{2}}{\rho^{2} f(\theta)^{2}} \partial_{\theta} \widetilde{G}(\rho, \theta) \rho \mathrm{d} \rho \mathrm{~d} \theta
\end{aligned}
$$

Since the function $f(\theta)^{2}-\rho^{2}$ is 0 on the boundary, integration by parts yields

$$
\int_{\mathbb{T}} \int_{0}^{f(\theta)} \frac{\widetilde{H}(r, \theta)-H(\mathbf{0})}{f(\theta)^{2}} r \mathrm{~d} r \mathrm{~d} \theta=-\int_{\mathbb{T}} \int_{0}^{f(\theta)} \frac{f^{\prime}(\theta)}{f(\theta)^{3}} \widetilde{G}(\rho, \theta) \rho \mathrm{d} \rho \mathrm{~d} \theta .
$$

We set for any $\theta \in \mathbb{T}$

$$
t(\theta)=\frac{f^{\prime}(\theta)}{f(\theta)}
$$

Coming back to $h$ and $g$ we find:

$$
\begin{equation*}
\int_{\Omega} \frac{h(\boldsymbol{x})^{2}}{f(\theta)^{2}} \mathrm{~d} \boldsymbol{x}=\int_{\Omega} \frac{g(\boldsymbol{x})^{2}-g(\mathbf{0})^{2}}{f(\theta)^{2}} \mathrm{~d} \boldsymbol{x}-2 \int_{\Omega} \frac{t(\theta) h(\boldsymbol{x}) g(\boldsymbol{x})}{f(\theta)^{2}} \mathrm{~d} \boldsymbol{x} \tag{3.7}
\end{equation*}
$$

In order to take the best advantage of the previous identity we introduce a parameter

$$
\alpha \in(0,1)
$$

and write for any $\theta \in \mathbb{T}$ (here we use condition (3.1) which ensures that $1-\alpha f(\theta)^{2}>0$ )

$$
2|t(\theta) h(\boldsymbol{x}) g(\boldsymbol{x})| \leq\left\{1-\alpha f(\theta)^{2}\right\} h(\boldsymbol{x})^{2}+\frac{t(\theta)^{2}}{1-\alpha f(\theta)^{2}} g(\boldsymbol{x})^{2}
$$

and deduce from (3.7) that (note that the same $\alpha$ is used for all $\theta$ )

$$
\alpha \int_{\Omega} h(\boldsymbol{x})^{2} \mathrm{~d} \boldsymbol{x} \leq \int_{\Omega} \frac{g(\boldsymbol{x})^{2}}{f(\theta)^{2}}+\frac{t(\theta)^{2}}{1-\alpha f(\theta)^{2}} \frac{g(\boldsymbol{x})^{2}}{f(\theta)^{2}} \mathrm{~d} \boldsymbol{x}
$$

Thus, for any $\alpha \in(0,1)$

$$
\int_{\Omega} h(\boldsymbol{x})^{2} \mathrm{~d} \boldsymbol{x} \leq \sup _{\theta \in \mathbb{T}}\left\{\frac{1}{\alpha f(\theta)^{2}}\left(1+\frac{t(\theta)^{2}}{1-\alpha f(\theta)^{2}}\right)\right\} \int_{\Omega} g(\boldsymbol{x})^{2} \mathrm{~d} \boldsymbol{x}
$$

Optimizing on $\alpha \in(0,1)$ and coming back to the definition of $t$ and $P$, we find

$$
\int_{\Omega} h(\boldsymbol{x})^{2} \mathrm{~d} \boldsymbol{x} \leq \inf _{\alpha \in(0,1)}\left\{\sup _{\theta \in \mathbb{T}} P(\alpha, \theta)\right\} \int_{\Omega} g(\boldsymbol{x})^{2} \mathrm{~d} \boldsymbol{x}
$$

which is nothing else than $\|h\|_{0, \Omega}^{2} \leq M(\Omega)\|g\|_{0, \Omega}^{2}$, whence the theorem.
Remark 2. The proof above is due to Horgan and Payne in $[10, \S 6]$. Unfortunately, instead of simply concluding that $M(\Omega)$ is an upper bound for $\Gamma(\Omega)$, they try to show that $M(\Omega)$ coincides with $m(\Omega)$ and this part of their argument is flawed. In the rest of our paper we discuss cases where equality or non-equality holds between these two quantities.

## §4. The Horgan-Payne angle

Stoyan in [14] propose an interesting geometrical interpretation of the lower bound on $\beta(\Omega)$ under the condition that $m(\Omega)$ is an upper bound for $\Gamma(\Omega)$.

Notation 5. For $\theta \in \mathbb{T}$, let $\boldsymbol{x}$ be the point $(f(\theta) \cos \theta, f(\theta) \sin \theta)$ in $\partial \Omega$, let $\gamma(\theta) \in\left[0, \frac{\pi}{2}\right)$ denote the (non-oriented) angle between the line $[\mathbf{0}, \boldsymbol{x}]$ and the outward normal vector to $\partial \Omega$ at $\boldsymbol{x}$. We set

$$
\begin{equation*}
\gamma(\Omega)=\sup _{\theta \in \mathbb{T}} \gamma(\theta) \quad \text { and } \quad \omega(\Omega)=\frac{\pi}{2}-\gamma(\Omega) \tag{4.1}
\end{equation*}
$$

The angle $\omega(\Omega)$ is referred as the Horgan-Payne angle in [14].
Lemma 6. We have the identities

$$
\begin{equation*}
m(\Omega)=\frac{1+\sin \gamma(\Omega)}{1-\sin \gamma(\Omega)} \quad \text { and } \quad \frac{1}{\sqrt{m(\Omega)+1}}=\sin \frac{\omega(\Omega)}{2} \tag{4.2}
\end{equation*}
$$

Proof. Let us recall the formulas

$$
\cos \gamma(\theta)=\frac{f(\theta)}{\sqrt{f(\theta)^{2}+f^{\prime}(\theta)^{2}}}, \quad \sin \gamma(\theta)=\frac{f^{\prime}(\theta)}{\sqrt{f(\theta)^{2}+f^{\prime}(\theta)^{2}}}, \quad \tan \gamma(\theta)=\frac{f^{\prime}(\theta)}{f(\theta)}
$$

Hence we have

$$
\begin{equation*}
P(\alpha, \theta)=\frac{1}{\alpha f(\theta)^{2}}\left(1+\frac{\tan ^{2} \gamma(\theta)}{1-\alpha f(\theta)^{2}}\right) \tag{4.3}
\end{equation*}
$$

Let $\theta$ be chosen. To determine the value $\alpha(\theta)$ which realizes the minimum of $P(\alpha, \theta)$ for $\alpha \in\left(0,1 / f(\theta)^{2}\right]$, cf. (3.4), we calculate

$$
\partial_{\alpha} P(\alpha, \theta)=-\frac{1}{\alpha^{2} f(\theta)^{2}}\left(1+\frac{\tan ^{2} \gamma(\theta)}{1-\alpha f(\theta)^{2}}\right)+\frac{1}{\alpha f(\theta)^{2}} \frac{\tan ^{2} \gamma(\theta) f(\theta)^{2}}{\left(1-\alpha f(\theta)^{2}\right)^{2}} .
$$

Setting $\zeta=\alpha f(\theta)^{2}$, we see that $\partial_{\alpha} P(\alpha, \theta)=0$ if and only if

$$
\begin{equation*}
\zeta^{2}-2\left(1+\tan ^{2} \gamma(\theta)\right) \zeta+1+\tan ^{2} \gamma(\theta)=0 \tag{4.4}
\end{equation*}
$$

We look for $\zeta \in(0,1]$. The convenient root of equation (4.4) is

$$
\begin{align*}
\alpha(\theta) f(\theta)^{2}=\zeta & =1+\tan ^{2} \gamma(\theta)-\tan \gamma(\theta) \sqrt{1+\tan ^{2} \gamma(\theta)} \\
& =\frac{1}{1+\sin \gamma(\theta)} \tag{4.5}
\end{align*}
$$

Hence we find

$$
\begin{equation*}
P(\alpha(\theta), \theta)=\frac{1+\sin \gamma(\theta)}{1-\sin \gamma(\theta)} \tag{4.6}
\end{equation*}
$$

whose supremum is attained for the supremum $\gamma(\Omega)$ of $\gamma(\theta)$, whence the first formula in (4.2). The second formula is obtained using $\sin \frac{\omega(\Omega)}{2}=\sin \left(\frac{\pi}{4}-\frac{\gamma(\Omega)}{2}\right)=\frac{1}{\sqrt{2}}\left(\cos \frac{\gamma(\Omega)}{2}-\sin \frac{\gamma(\Omega)}{2}\right)$.

As a straightforward consequence of Theorem 1 and Lemma 6, we obtain the following.
Corollary 7. For any domain such that $\Gamma(\Omega) \leq m(\Omega)$, the inf-sup constant $\beta(\Omega)$ satisfies

$$
\begin{equation*}
\beta(\Omega) \geq \sin \frac{\omega(\Omega)}{2} \tag{4.7}
\end{equation*}
$$

Remark 3. The estimate (4.7) is stated in [14] for any strictly star-shaped domain. The reality is that (4.7) is true if and only if $\Gamma(\Omega) \leq m(\Omega)$. The latter estimate is true for some categories of domains as we will see in the next section. We will also exhibit domains for which $m(\Omega)$ is distinct from $M(\Omega)$. In [5] it is proved that, in fact, there exists strictly star-shaped domains such that $\Gamma(\Omega)>m(\Omega)$ (equivalently, $\beta(\Omega)<\sin \frac{\omega(\Omega)}{2}$ ).

## §5. Examples

In this section, we consider some particular shapes of domains, namely ellipses, polygons, and limaçons.

### 5.1. Disks and ellipses

The equation of an ellipse can always be written in suitable Cartesian coordinates as

$$
\frac{x^{2}}{a^{2}}+\frac{y^{2}}{b^{2}}=1
$$

with positive coefficients $a \leq b$. The constant $\Gamma(\Omega)$ is analytically known, cf. [7], namely

$$
\begin{equation*}
\Gamma(\Omega)=\frac{b^{2}}{a^{2}} \quad \text { and } \quad \beta(\Omega)=\frac{a}{\sqrt{a^{2}+b^{2}}} \tag{5.1}
\end{equation*}
$$

In polar coordinates, the parametrization of the ellipse is

$$
\begin{equation*}
f(\theta)=a b\left(b^{2} \cos ^{2} \theta+a^{2} \sin ^{2} \theta\right)^{-1 / 2} \tag{5.2}
\end{equation*}
$$

i) Let us calculate $m(\Omega)$. We have

$$
\begin{equation*}
\tan \gamma(\theta)=\frac{f^{\prime}(\theta)}{f(\theta)}=\frac{\sin \theta \cos \theta\left(b^{2}-a^{2}\right)}{b^{2} \cos ^{2} \theta+a^{2} \sin ^{2} \theta}=\frac{\tan \theta\left(b^{2}-a^{2}\right)}{b^{2}+a^{2} \tan ^{2} \theta} . \tag{5.3}
\end{equation*}
$$

The maximal value $\tan \gamma(\Omega)$ of $\tan \gamma(\theta)$ is obtained for

$$
\tan \theta=\frac{b}{a},
$$

hence

$$
\tan \gamma(\Omega)=\frac{b^{2}-a^{2}}{2 a b}
$$

from which we deduce

$$
\sin \gamma(\Omega)=\frac{b^{2}-a^{2}}{b^{2}+a^{2}}
$$

Formula (4.2) then yields

$$
m(\Omega)=\frac{b^{2}}{a^{2}}
$$

ii) Let us calculate $M(\Omega)$. In order to comply with the condition $\max _{\theta \in \mathbb{T}} f(\theta)=1$, we set $\tilde{a}=b / a$ and $\tilde{b}=1$, and consider $f$ given by (5.2) with $a, b$ replaced by $\tilde{a}, \tilde{b}$. We use formula (4.3) for $P$ to write:

$$
P(\alpha, \theta)=\frac{1}{\alpha} \frac{\left(1+\tan ^{2} \gamma(\theta)\right) f(\theta)^{-2}-\alpha}{1-\alpha f(\theta)^{2}}
$$

From (5.2) and (5.3) we deduce

$$
\left(1+\tan ^{2} \gamma(\theta)\right) f(\theta)^{-2}=\tilde{a}^{-2} .
$$

Therefore

$$
P(\alpha, \theta)=\frac{1}{\alpha} \frac{\tilde{a}^{-2}-\alpha}{1-\alpha f(\theta)^{2}} .
$$

For each $\alpha \in(0,1)$, the supremum in $\theta$ of $P(\alpha, \theta)$ is attained for $f(\theta)$ minimum, i.e. in $\theta=0$ for which $f(\theta)=\tilde{a}$. We deduce

$$
\sup _{\theta \in \mathbb{T}} P(\alpha, \theta)=\frac{1}{\alpha} \frac{\tilde{a}^{-2}-\alpha}{1-\alpha \tilde{a}^{2}}=\frac{1}{\alpha} \frac{1}{\tilde{a}^{2}}=\frac{1}{\alpha} \frac{b^{2}}{a^{2}}
$$

hence, taking the infimum over $\alpha \in(0,1)$ :

$$
M(\Omega)=\frac{b^{2}}{a^{2}}
$$

Comparing with (5.1), we finally obtain

$$
\begin{equation*}
m(\Omega)=M(\Omega)=\frac{b^{2}}{a^{2}}=\Gamma(\Omega) \tag{5.4}
\end{equation*}
$$

In particular, if $\Omega$ is a disk

$$
\begin{equation*}
m(\Omega)=M(\Omega)=\Gamma(\Omega)=1 \tag{5.5}
\end{equation*}
$$

### 5.2. Star-shaped polygons

A polygon $\Omega$ is characterized by the fact that its boundary is a finite union of segments. Let us first investigate the behavior of the function $P$ along a segment.

For ease of computation, we consider a segment $I$ lying on a vertical line of equation $x_{1}=d$ with $d>0$. Note that $d$ is the distance of this line to the origin. Normals to $I$ are horizontal. We find

$$
\begin{equation*}
f(\theta)=\frac{d}{\cos \theta} \quad \text { and } \quad \gamma(\theta)=\theta \tag{5.6}
\end{equation*}
$$

Hence, under the global condition $\max _{\theta \in \mathbb{T}} f(\theta)=1$, the contribution to the function $P$ of such a segment is - here we use formula (4.3),

$$
\begin{align*}
P(\alpha, \theta) & =\frac{\cos ^{2} \theta}{\alpha d^{2}} \frac{1-\alpha d^{2}}{\cos ^{2} \theta-\alpha d^{2}} \\
& =\frac{1}{\alpha d^{2}} \frac{1-\alpha d^{2}}{1-\alpha f(\theta)^{2}} . \tag{5.7}
\end{align*}
$$

For any $\alpha \in(0,1)$, the maximal value of $P$ is attained for $f(\theta)$ maximal, i.e., at an end of the segment $I$, and this end is the most distant from the origin. That is why we introduce:
Notation 8. For any side $I_{j}, j=1, \ldots, J$, of a polygon $\Omega$, we define its radius $r_{j}$ as the distance between the origin and its most distant endpoint $E_{j}$. Denoting by $\tilde{I}_{j}$ the line containing $I_{j}$, we define $d_{j}$ as the distance of $\tilde{I}_{j}$ to the origin.

The normalization (3.1) here takes the form $\max _{j} r_{j}=1$. From the previous computation (5.7) we find the formula

$$
\begin{align*}
M(\Omega) & =\inf _{\alpha \in(0,1)} \max _{j=1}^{J} \frac{1}{\alpha d_{j}^{2}} \frac{1-\alpha d_{j}^{2}}{1-\alpha r_{j}^{2}}  \tag{5.8}\\
& =\inf _{\alpha \in(0,1)} \max _{j=1}^{J} \frac{1}{\alpha r_{j}^{2}} \frac{r_{j}^{2} d_{j}^{-2}-\alpha r_{j}^{2}}{1-\alpha r_{j}^{2}} . \tag{5.9}
\end{align*}
$$

In order to find a similar formula for the quantity $m(\Omega)$, we are going to use (3.4) and we go back to expression (4.6) which can be written in function of $\cos \gamma(\theta)$ instead of $\sin \gamma(\theta)$ :

$$
\begin{equation*}
P(\alpha(\theta), \theta)=\left(\frac{1}{\cos \gamma(\theta)}+\sqrt{\frac{1}{\cos ^{2} \gamma(\theta)}-1}\right)^{2} \tag{5.10}
\end{equation*}
$$

For the angles $\theta$ corresponding to the segment $I_{j}$, the supremum of $P(\alpha(\theta), \theta)$ is attained for $\cos \gamma(\theta)$ minimum, i.e. for $\cos \gamma(\theta)=\frac{d_{j}}{r_{j}}$. Therefore formula (5.10) yields

$$
\begin{equation*}
m(\Omega)=\max _{j=1}^{J}\left(\frac{r_{j}}{d_{j}}+\sqrt{\frac{r_{j}^{2}}{d_{j}^{2}}-1}\right)^{2} \tag{5.11}
\end{equation*}
$$

The maximum is attained when $r_{j} / d_{j}$ is maximal.
Proposition 9. Let $\Omega$ be a polygon, with $d_{j}$ and $r_{j}$ the distances in Notation 8 . We have
i) If all $r_{j}$ are equal, then $M(\Omega)=m(\Omega)$.
ii) If all $d_{j}$ are equal, then $M(\Omega)=m(\Omega)$.
iii) If the largest value of $r_{j} / d_{j}$ is attained for two different indices $j$ and $k$ and if $r_{j} \neq r_{k}$, then $M(\Omega)>m(\Omega)$.

Proof. i) If all $r_{j}$ are equal, the normalization $\max _{j} r_{j}=1$ yields that $r_{j}=1$. Formula (5.9) then gives that

$$
M(\Omega)=\inf _{\alpha \in(0,1)} \frac{1}{\alpha} \frac{d_{\min }^{-2}-\alpha}{1-\alpha}
$$

where $d_{\min }$ is the minimum value of the $d_{j}$. The optimization with respect to $\alpha$ provides the optimal value

$$
\alpha_{0}=\frac{1}{d_{\min }^{2}}-\sqrt{\frac{1}{d_{\min }^{4}}-\frac{1}{d_{\min }^{2}}} \in(0,1)
$$

for $\alpha$, hence the infimum

$$
M(\Omega)=\left(\frac{1}{d_{\min }}+\sqrt{\frac{1}{d_{\min }^{2}}-1}\right)^{2}
$$

which coincides with $m(\Omega)$ given by (5.11) since $r_{j} / d_{j}$ is maximal for $1 / d_{\text {min }}$.
ii) If all $d_{j}$ are equal, Formula (5.8) gives that

$$
M(\Omega)=\inf _{\alpha \in(0,1)} \frac{1}{\alpha d^{2}} \frac{1-\alpha d^{2}}{1-\alpha r_{\max }^{2}}
$$

where $d$ is the common value of the $d_{j}$ and $r_{\max }$ the maximum value of the $r_{j}$. Due to normalization $\max _{j} r_{j}=1$, this formula becomes

$$
M(\Omega)=\inf _{\alpha \in(0,1)} \frac{1}{\alpha d^{2}} \frac{1-\alpha d^{2}}{1-\alpha}=\inf _{\alpha \in(0,1)} \frac{1}{\alpha} \frac{d^{-2}-\alpha}{1-\alpha}
$$

As in the previous case we find

$$
M(\Omega)=\left(\frac{1}{d}+\frac{\sqrt{1-d^{2}}}{d}\right)^{2}
$$

which coincides with $m(\Omega)$ given by (5.11) since $r_{j} / d_{j}$ is maximal for $1 / d$.
iii) For $\ell \in\{j, k\}$, let $\theta_{\ell}$ be the angle $\theta$ corresponding to the end $E_{\ell}$. We have

$$
M(\Omega) \geq \min _{\alpha \in(0,1)} \max _{\theta \in\left\{\theta_{j}, \theta_{k}\right\}} P(\alpha, \theta) .
$$

And let $\alpha_{m}$ be the value of $\alpha \in(0,1]$ minimizing $\max _{\theta \in\left\{\theta_{j}, \theta_{k}\right\}} P(\alpha, \theta)$. We have

$$
M(\Omega) \geq \max \left\{P\left(\alpha_{m}, \theta_{j}\right), P\left(\alpha_{m}, \theta_{k}\right)\right\}
$$

Now, still for $\ell \in\{j, k\}$, let $\alpha_{\ell}$ be the value of $\alpha \in\left(0, r_{\ell}^{-2}\right)$ minimizing $P\left(\alpha, \theta_{\ell}\right)$. Since $r_{j} / d_{j}=r_{k} / d_{k}$ maximizes the quotients $r_{i} / d_{i}$, we have by (5.11)

$$
\begin{aligned}
m(\Omega) & =\left(\frac{r_{j}}{d_{j}}+\sqrt{\frac{r_{j}^{2}}{d_{j}^{2}}-1}\right)^{2}=\left(\frac{r_{k}}{d_{k}}+\sqrt{\frac{r_{k}^{2}}{d_{k}^{2}}-1}\right)^{2} \\
& =P\left(\alpha_{j}, \theta_{j}\right)=P\left(\alpha_{k}, \theta_{k}\right)
\end{aligned}
$$

By (4.5), $\alpha_{j}$ and $\alpha_{k}$ satisfy

$$
\alpha_{\ell} r_{\ell}^{2}=\frac{1}{1+\sin \gamma\left(\theta_{\ell}\right)}, \quad \ell=j, k
$$

But $\sin \gamma\left(\theta_{j}\right)=\sin \gamma\left(\theta_{k}\right)$ because $\cos \gamma\left(\theta_{\ell}\right)=r_{\ell} / d_{\ell}$. Hence, since $r_{j} \neq r_{k}$, we have $\alpha_{j} \neq \alpha_{k}$, therefore $\alpha_{m}$ cannot coincide with $\alpha_{j}$ and $\alpha_{k}$ at the same time. So, since the functions $\alpha \mapsto$ $P(\alpha, \theta)$ are strictly convex in the interval $\left(0, f(\theta)^{-2}\right)$, we deduce

$$
M(\Omega) \geq \max \left\{P\left(\alpha_{m}, \theta_{j}\right), P\left(\alpha_{m}, \theta_{k}\right)\right\}>P\left(\alpha_{j}, \theta_{j}\right)=P\left(\alpha_{k}, \theta_{k}\right)=m(\Omega),
$$

and conclude that $M(\Omega)>m(\Omega)$ as announced in the proposition.
Here are examples for the three situations $i$ ) - iii) investigated in Proposition 9.
Example 1. In each of the examples below, the center $\mathbf{0}$ of polar and Cartesian coordinates is chosen at the barycenter of the domain.
i) If $\Omega$ is a regular polygon or a rectangle, then all $r_{j}$ are equal, thus $M(\Omega)=m(\Omega)$.
ii) If $\Omega$ is a triangle or a rhombus, then all $d_{j}$ are equal, thus $M(\Omega)=m(\Omega)$.
iii) See Figure 1: For this hexagonal domain, the quotients $r_{j} / d_{j}$ are all equal to $\sqrt{2}$, but $r_{1}=1$ and $r_{2}=1 / \sqrt{2}\left(\right.$ with $\theta_{1}=0$ and $\left.\theta_{2}=\frac{\pi}{4}\right)$. Therefore $m(\Omega)<M(\Omega)$.

### 5.3. Limaçons

Limaçons of Pascal (named after Etienne Pascal, father of Blaise Pascal) are curves defined in polar coordinates by a formula of the type

$$
\begin{equation*}
f_{\varepsilon}(\theta)=a(1+\varepsilon \cos \theta), \quad a>0, \varepsilon>0 \tag{5.12}
\end{equation*}
$$



Figure 1: Example where $M(\Omega)>m(\Omega)$. Domain $\Omega$ with center of coordinates, left. Plot of $\alpha \mapsto P\left(\alpha, \theta_{j}\right)$ for $\alpha \in\left(0, \frac{1}{f\left(\theta_{j}\right)^{2}}\right), j=1,2$, right.

Such a curve is simple if $\varepsilon$ is less than 1 , and so defines the boundary of a domain $\Omega_{\varepsilon}$. In [10] the case of such limaçons is considered. Here the constant $\Gamma\left(\Omega_{\varepsilon}\right)$ is analytically known, [9, 10], which provides an explicit formula for $\beta\left(\Omega_{\varepsilon}\right)$ via Theorem 1

$$
\begin{equation*}
\Gamma\left(\Omega_{\varepsilon}\right)=\frac{2+\varepsilon^{2}}{2-\varepsilon^{2}} \quad \text { and } \quad \beta\left(\Omega_{\varepsilon}\right)=\frac{\sqrt{2-\varepsilon^{2}}}{2} . \tag{5.13}
\end{equation*}
$$

This example can serve as a benchmark for bounds $m$ and $M$. We have computed by a Matlab program the two constants $m\left(\Omega_{\varepsilon}\right)$ and $M\left(\Omega_{\varepsilon}\right)$. It happens that as soon as $\varepsilon$ is not zero, i.e., $\Omega_{\varepsilon}$ is not a circle, these two constants are distinct, see the top two curves in Figure 2. The other curves are explained below.

Here comes the question of the choice of polar coordinates defining $m(\Omega)$ and $M(\Omega)$. For limaçons, the first choice is to consider the polar coordinates in which the domain is defined by (5.12). But, considering that $\Omega_{\varepsilon}$ intersects the horizontal axis between the points $-a+a \varepsilon$ and $a+a \varepsilon$, choosing new polar coordinates $\left(r^{\prime}, \theta^{\prime}\right)$ centered at $O^{\prime}=(a \varepsilon, 0)$ appears more judicious. A new equation

$$
r^{\prime}=f_{\varepsilon}^{\prime}\left(\theta^{\prime}\right)
$$

is associated with $\Omega_{\varepsilon}$, leading to new quantities

$$
m^{\prime}\left(\Omega_{\varepsilon}\right) \quad \text { and } \quad M^{\prime}\left(\Omega_{\varepsilon}\right)
$$

In fact these new quantities are very different from the old ones. We have observed that $m^{\prime}\left(\Omega_{\varepsilon}\right)$ and $M^{\prime}\left(\Omega_{\varepsilon}\right)$ do coincide, and are much smaller than $m\left(\Omega_{\varepsilon}\right)$ and $M\left(\Omega_{\varepsilon}\right)$, see Figure 2. Moreover, the asymptotic behavior of $m^{\prime}\left(\Omega_{\varepsilon}\right)=M^{\prime}\left(\Omega_{\varepsilon}\right)$ as $\varepsilon \rightarrow 0$ is very good. Indeed, using formula (5.13) allows us to compute the difference $m^{\prime}\left(\Omega_{\varepsilon}\right)-\Gamma\left(\Omega_{\varepsilon}\right)$. We have found numerical evidence, see Figure 3, for the asymptotic behavior

$$
m^{\prime}\left(\Omega_{\varepsilon}\right)-\Gamma\left(\Omega_{\varepsilon}\right)=M^{\prime}\left(\Omega_{\varepsilon}\right)-\Gamma\left(\Omega_{\varepsilon}\right)=O\left(\varepsilon^{3}\right)
$$



Figure 2: Plot of $\varepsilon \mapsto \log _{10}\left\{m\left(\Omega_{\varepsilon}\right), M\left(\Omega_{\varepsilon}\right), m^{\prime}\left(\Omega_{\varepsilon}\right)=M^{\prime}\left(\Omega_{\varepsilon}\right), \Gamma\left(\Omega_{\varepsilon}\right)\right\}$ for $\varepsilon=0.1$ to 0.9 .

### 5.4. Decentered disks

We end this section by a curiosity which sheds some light on the discrepancy between $m(\Omega)$ and $M(\Omega)$ and their dependency on the center of polar coordinates. Let $\Omega$ be a disk. We have seen in (5.5) that we have the optimal values $m(\Omega)=M(\Omega)=\Gamma(\Omega)=1$.

Now, we consider decentered disks, moving off the center of polar coordinates by a relative amount $\delta$ with respect to the radius of the disk. We can assume that the new center lies on the horizontal axis. This defines new versions of the constants, denoted $m[\delta](\Omega)$ and $M[\delta](\Omega)$. It is not very hard to prove the following
(i) The maximal value of the angle $\gamma$ occurs for $\theta_{0}=\frac{\pi}{2}$, so $\sin \gamma=\delta$. Hence, $\operatorname{cf}(4.2)$,

$$
m[\delta](\Omega)=\frac{1+\delta}{1-\delta}
$$

This value is the same for the limaçon (5.12) choosing $\varepsilon=\delta$, see [10, (6.34)].
(ii) For any $\alpha \in(0,1)$, the max in $\theta$ of $P(\alpha, \theta)$ is attained for $\theta=\pi$, then the inf in $\alpha$ corresponds to $P(1, \pi)$. Hence

$$
M[\delta](\Omega)=\frac{1}{f(\pi)^{2}}=\left(\frac{1+\delta}{1-\delta}\right)^{2}=m[\delta](\Omega)^{2}>m[\delta](\Omega)
$$



Figure 3: Plot of $\log _{2} \varepsilon \mapsto \log _{2}\left\{M\left(\Omega_{\varepsilon}\right)-1, m\left(\Omega_{\varepsilon}\right)-1, m^{\prime}\left(\Omega_{\varepsilon}\right)-1, \Gamma\left(\Omega_{\varepsilon}\right)-1, m^{\prime}\left(\Omega_{\varepsilon}\right)-\Gamma\left(\Omega_{\varepsilon}\right)\right\}$ for $\varepsilon=0.0625$ to 0.5 .

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